

# APRIL | 2019

## Kirtland Middle and High School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>1</b> MINI CORN DOGS WITH CRISPY POTATOES Choice of Sides: Salad Bar, Crunchy Croutons, Assorted Fruit and Vegetables Choice of Milk</p>	<p><b>2</b> SPAGHETTI AND MEATBALLS Choice of Sides: Salad Bar, Assorted Fresh Fruit and Vegetables, Choice of Milk</p>	<p><b>3</b> SAUSAGE AND BISCUIT WITH COUNTRY POTATOES Choice of Sides: Salad Bar, Assorted Fresh Fruit and Vegetables Choice of Milk</p>	<p><b>4</b> CHICKEN NUGGETS WITH POTATOES Choice of Sides: Salad Bar, Assorted Fruit and Vegetables Choice of Milk</p>	<p><b>5</b>  DOMINO'S DAY</p>
<p><b>8</b> MINI CORN DOGS WITH CRISPY POTATOES Choice of Sides: Salad Bar, Crunchy Croutons, Assorted Fruit and Vegetables Choice of Milk</p>	<p><b>9</b> PENNE PASTA WITH PARMESAN SAUCE Choice of Sides: Salad Bar, Assorted Fresh Fruit and Vegetables, Choice of Milk</p>	<p><b>10</b> TERIYAKI CHICKEN WITH SEASONED RICE AND CHOW MEIN NOODLES Choice of Sides: Salad Bar, Assorted Fruit and Vegetables Choice of Milk</p>	<p><b>11</b> CHICKEN NACHO'S WITH CHEESE SAUCE Choice of Sides: Refried Beans, Seasoned Rice, Salad Bar, Assorted Fruits Choice of Milk</p>	<p><b>12</b>  DOMINO'S DAY</p>
<p><b>15</b> MINI CORN DOGS WITH CRISPY POTATOES Choice of Sides: Salad Bar, Crunchy Croutons, Assorted Fruit and Vegetables Choice of Milk</p>	<p><b>16</b> CHICKEN FAJITA IN A SOFT TORTILLA WITH A SIDE OF RICE Choice of Sides: Salad Bar, Assorted Fruits Choice of Milk</p>	<p><b>17</b> POPCORN CHICKEN BOWL Choice of Sides: Salad Bar, Assorted Fruit and Vegetables Choice of Milk</p>	<p><b>18</b>  DOMINO'S DAY</p>	<p><b>19</b>  NO SCHOOL</p>
<p><b>22</b>  NO SCHOOL</p>	<p><b>23</b> HORNET SUPER BURGER WITH SIDE OF ONION RINGS Choice of Sides: Salad Bar, Seasoned Fries, Assorted Fruits and Vegetables Choice of Milk</p>	<p><b>24</b> SWEET AND SOUR CHICKEN WITH SEASONED RICE Choice of Sides: Salad Bar, Assorted Fruit and Vegetables Choice of Milk</p>	<p><b>25</b> CHICKEN NUGGETS WITH POTATOES Choice of Sides: Salad Bar, Assorted Fruit and Vegetables Choice of Milk</p>	<p><b>26</b>  DOMINO'S DAY</p>
<p><b>29</b> MINI CORN DOGS WITH CRISPY POTATOES Choice of Sides: Salad Bar, Crunchy Croutons, Assorted Fruit and Vegetables Choice of Milk</p>	<p><b>30</b> SPAGHETTI AND MEATBALLS Choice of Sides: Salad Bar, Assorted Fresh Fruit and Vegetables, Choice of Milk</p>	<p><b>1</b></p>	<p><b>2</b></p>	<p><b>3</b></p>

### SECONDARY MEAL ALTERNATES

In addition to the listed entrée a variety of sandwiches, wraps, and yogurt parfaits are available.

### "NEW OPTION THIS YEAR" BISTRO BOX MEALS

Here is a complete meal with options that can include Hummus, or Turkey and Cheese, Various Raw Veggies, Fruit, Crackers, and Choice of milk

Complete salad bar available daily and choice of 2 fruits with a choice of milk come will all meals.

### BREAKFAST IS OFFERED DAILY

Kirtland has breakfast available daily for all Middle and High School students at the Kirtland High cafeteria.

A variety of breakfast grain items, fruit, juice, and milk as well as an Enhanced breakfast with fruit and yogurt smoothies is also available.

Breakfast is an important meal to kick off your instructional day. I hope you will give ours a try.

LUNCH WITH MILK \$3.50  
BREAKFAST/ \$1.90/ENHANCED YOGURT SMOOTHIE \$2.50  
MILK ONLY .50